

Want to lose that blemish on your face
or unsightly Spider and Varicose veins?

LASER THEM!

**MOST
PAIN FREE
LASER**
AVAILABLE
IN NEW JERSEY

The doctors and staff of Garden State Spine & Pain Institute are now proud to offer new medical spa treatments! Patients of Garden State Spine & Pain Institute have always been accustomed to receiving the best service and quality of care. Our staff would have it no other way as they take pride in being able to deliver tender loving care to each and every individual. In addition to Botox for fine lines, Juvederm for wrinkles and Latisse eyelash extensions, the doctors now offer numerous cosmetic lasers. One removes facial imperfections and blemishes and others were purchased to focus on spider and varicose veins.

SUNSPOTS, AGE SPOTS AND OTHER BLEMISHES

As we age, we begin to notice our skin showing the signs of time. This is most visible in a person's face, hands or body. Facial imperfections can especially detract for our appearance.

WHAT IS INTENSE PULSED LIGHT?

Intense Pulsed Light (IPL®) technology is a treatment breakthrough that can correct a variety of benign skin conditions, such as facial skin imperfections, the signs of aging, birthmarks, unwanted hair, unsightly small veins, and other blemishes. It offers a safe, non-invasive solution that can be tailored to your individual condition and skin type, and provides superior cosmetic results and outstanding satisfaction.

IPL (Intense pulsed light source), using a process called photorejuvenation offers dramatic improvement to multiple conditions creating strong, smoother, and healthier looking skin with virtually no downtime. The IPL provides a spectrum of light that can seriously diminish lines, wrinkles, dilated blood vessels, sun damage and brown spots all while stimulating collagen production. The advantages of IPL over other resurfacing methods are tremendous. A treatment only takes 20 minutes, and you can return to work and daily activities immediately. A series of 4 to 6 treatment sessions provide gradual, natural improvement with excellent long term results and studies show improvements of up to 85% of wrinkles around the eyes and mouth.

INTRODUCTORY OFFER

10% OFF INDIVIDUAL SESSIONS
20% OFF ALL PACKAGES

FREE CONSULTATION

Offer only valid for first time customers

Next generation, state of the art results for treating:

- Spider Veins
- Birthmarks
- Age Spots
- Sun Spots
- Sun Damage
- Broken Capillaries
- Mottled Pigmentation
- Ruddy Complexion
- Freckles
- Rosacea
- Facial Veins
- Facial Imperfections

HOW IS PHOTOREJUVENATION USING IPL PERFORMED?

The smooth, cold surface of the Lumenis One IPL Handpiece which is kept at a temperature below 4 degrees Celsius gently touches your skin and pulses of light are applied. Contact cooling is applied to your skin before, during and after the laser or IPL treats the area. You may feel a slight stinging like the snapping of a rubber band. Each treatment typically takes about 20 minutes. In general, excellent long term results can be achieved with a series of four to six treatments.

WHY ARE MULTIPLE TREATMENTS NECESSARY?

Depending on the number of conditions you are treating and the severity of each, a series of four to six treatment sessions may be recommended. You can return to work the same day and resume all your regular activities. By dividing the full program into several treatments, the procedure provides gradual improvement with very low risk, preserving the



Photo-aging—After 4 IPL treatments



Telangiectasia—After 3 IPL Treatments



Broken Capillaries—After 2 IPL Treatments



Spider Veins—2 months after 4 IPL treatments

Complex Networks—3 weeks after 1 laser treatments

Varicose & Spider Veins—3 months after 3 IPL and 2 laser treatments

convenience of a “no downtime” procedure.

WHAT AREAS CAN BE TREATED?

Photorejuvenation can be used to treat any area of the body. The most common areas are the face, neck, chest and hands.

IMAGINE BEAUTIFUL LEGS FREE OF UNSIGHTLY VEINS

It is estimated that 60% of the adult population suffers from varicose veins and spider veins. Varicose veins are enlarged vessels are wide as a result of weakness in the vein wall. This causes the vein to stretch and bulges. Spider veins are the small superficial purple or red veins stretching like a web under the skin. Until now, treating varicose and spider veins was a lengthy and painful process with needles and other invasive treatments. Now, unsightly leg veins of all types can be treated simply, non-invasively, and successfully.

WHAT TYPES OF LEG VEINS CAN BE TREATED?

Varicose veins, usually deep blue veins, need different treatment from discolored clusters (known as “spider veins”) that are near the skin surface. For this reason, we are equipped with two different light technologies. Your doctor may use either one or both, depending on your veins. Fortunately, there is now an effective non-invasive treatment for most cases.

ARE SURFACE VEINS AND SPIDER VEINS TREATED THE SAME WAY?

No. The YAG laser component is used to treat larger, deeper veins. A small spot of laser light travels through the skin and is

absorbed by the blood within the vein. This process does not affect any of the surrounding tissue. Over time, the vein will be absorbed by the body and will disappear from sight.

Smaller, superficial structures require a different technology for successful treatment. Smaller surface veins are treated using the IPL light energy mentioned above for facial imperfections. Light energy is absorbed by the blood, changed to heat, and the vein is destroyed.

Using both technologies, our physicians have the ability to use the right laser and the right light source to get the job done.

LASERS, LASERS, LASERS!!!

Today, it is all about lasers technology. Scientific breakthroughs have provided doctors the ability to make permanent corrections for patients who have everyday blemishes, freckles, birthmarks, age spots, and skin that is sun damaged. We are now able to treat varicose and spider

veins with non-invasive procedures. All this with only 20 minute treatment times, no pain. Garden State Spine & Pain Institute has always been known as the leaders in Pain Management, Physical Therapy, Chiropractic, and Acupuncture, but now, in addition to helping you feel good, we are going to make you look good too!

Oh, and I'm not only an owner of the practice, but I'm a client too!! ■

— Dr. Raj Gupta

*The Doctors You've Been Aching for!*SM

GARDEN STATE SPINE & PAIN INSTITUTE, LLC

7 Meridian Road

Eatontown, NJ 07724

732.935.1000

www.gardenstatespine.com

Got questions? Just want to say Hi?... email me! DrRaj@GardenStateSpine.com

